Dear Patients & Visitors,

To limit the spread of COVID-19 and to keep the community and our patient's health, Alpine Orthopedics & Sports Medicine and The Orthopedic Surgical Center of Montana are taking the following precautionary measures effective immediately and until further notice.

Office Hours:

• Monday – Friday 8:00am – 5:00pm. We are asking that you please limit the number of visitors attending your appointment to no more than 1 and only when necessary.

Upon entering our building any patients or visitors will be screened by asking a couple of COVID-19 questions and having their temperature taken. We ask that you do not enter our building and call 406-586-8029 to reschedule your appointment or if you are in need of any assistance if you have experienced any the following:

- A fever or temperature of 100.4 Fahrenheit or greater within the last 14 days.
- Any signs or symptoms of a lower respiratory illness such as a cough or new onset shortness of breath in the last 14 days.
- Have had close contact with a suspected or laboratory-confirmed COVID-19 individual in the last 30 days.
- If you or someone you have had close contact with has traveled out of the state of Montana or to/from an area infected with COVID-19 in the last 30 days.

In order to help keep everyone safe and limit exposure we are asking all patients and visitors to wear masks throughout their visit.

All employees at Alpine Orthopedics and Sports Medicine and The Orthopedic Surgical Center of Montana will adhere to Center for Disease Control & Prevention (CDC) and Montana Department of Public Health and Human Services (DPHHS) community mitigation strategies related to COVID-19.

We apologize for any inconvenience during these changes. We appreciated your patience and understanding during this time, and look forward to helping you the best we can with all of your orthopedic needs.